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2025 TRENDS & TENDENCIES NEWSLETTER

Issue # 4

Games of September 18 - 22, 2025

Welcome to Issue # 4 for 2025. Most of what you need to know about the selections in this Newsletter was covered back in Issue # 0. We have very little commentary and get right to the selections each issue. If certain points arise that are worth noting we'll mention them. Otherwise, keep in mind that selections are based entirely upon historical factors involving each team, representing just one school of handicapping philosophy. **These selections answer the question "Based upon the public's perception of both teams over the past several seasons, which team is better situated to exceed public expectations?"**

With the preliminaries out of the way, let's get to this week's selections.

College Selections for September 18 - 20, 2025

5 Star	DUKE over North Carolina State Marshall over MIDDLE TENNESSEE STATE	VIRGINIA over Stanford
4 Star	TENNESSEE over Uab HAWAII over Fresno State	NOTRE DAME over Purdue
3 Star	Unlv over MIAMI OHIO USC over Michigan State Michigan over NEBRASKA	Florida over MIAMI FLA CONNECTICUT over Ball State Boise State over AIR FORCE
2 Star	Rice over CHARLOTTE [1] LOUISVILLE over Bowling Green UT San Antonio over COLORADO STATE OKLAHOMA over Auburn West Virginia over KANSAS Northern Illinois over MISSISSIPPI STATE LOUISIANA TECH over Southern Miss Georgia State over VANDERBILT	Iowa over RUTGERS [2] BUFFALO over Troy COLORADO over Wyoming Tulane over MISSISSIPPI U Arkansas over MEMPHIS WESTERN KENTUCKY over Nevada WASHINGTON STATE over Washington
1 Star	Tulsa over OKLAHOMA STATE [2] EASTERN MICHIGAN over UL Lafayette FLORIDA STATE over Kent State James Madison over LIBERTY	ARMY over North Texas GEORGIA TECH over Temple WESTERN MICHIGAN over Toledo FLORIDA INTERNATIONAL over Delaware

California over SAN DIEGO STATE

[1] Thursday, September 18

[2] Friday, September 19

NFL Side Selections for September 18 - 22, 2025

5 Star	None	
4 Star	None	
3 Star	Pittsburgh over NEW ENGLAND	
2 Star	Indianapolis over TENNESSEE Cincinnati over MINNESOTA TAMPA BAY over N Y JETS	Green Bay over CLEVELAND PHILADELPHIA over L A Rams Detroit over BALTIMORE (Monday)
1 Star	BUFFALO over Miami (Thursday) Kansas City over N Y GIANTS	L A CHARGERS over Denver
None	Atlanta at CAROLINA Houston at JACKSONVILLE Dallas at CHICAGO	Las Vegas at WASHINGTON New Orleans at SEATTLE Arizona at SAN FRANCISCO
Bye	None	

NFL OVER/UNDER Selections for September 18 - 22, 2025

5 Star	None	
4 Star	None	
3 Star	Denver/L A Chargers UNDER	
2 Star	Detroit/Baltimore OVER	
1 Star	Houston/Jacksonville UNDER	Arizona/San Francisco OVER

Good luck and we'll see you next week.

NOTE: All Selections are picked to win Against the Spread (ATS). Unless otherwise indicated, HOME TEAMS are in CAPS.

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